A positive attitude for food and eating Versatile and Participation in food sufficient eating arrangements according to age (Setting the dining table, cooking) Recognizing and Getting to regulating know new Child sensations related tastes and food to eating (hunger and satiety) Eating skills (spoon, Independence in eating fork, knife) and table (according to age level) manners Conversational skills related to dining and eating

The child's strengths and interests related to eating:

The star tool for a child's eating skills

Instruction:

A star is used to clarify aspects related to the child's eating

What is the child's behavior like at mealtimes at the moment?

With the help of the star, it is possible to notice the child's strengths and learning and the need for support.

Circle the number, which describes the child's eatingskills on a scale of 5 = does well / 1 = requires still practice.

Which topic needs you positive attencion?